



We are Allies.

Allies
for health + wellbeing

2017-2018
ANNUAL REPORT



Fiscal year 2017-2018 was a remarkable year for Allies for Health + Wellbeing. The launch of our new name and look illustrated our transformation from solely an AIDS service organization into a fully integrated care provider for individuals living with or at risk of HIV, STIs and HCV. The transformation has been both challenging and rewarding. We reflect with gratitude on the many triumphs of our clients and the services we were able to provide them. We know it's a privilege to support our community and we could not do it without friends like you.

The word 'allies' means many different things to us. First, we are always on the side of the people who need us, such as Robert whose story you will read in this report. Second, our committed staff is a team of allies that delivers client-centered services. Finally, and perhaps most importantly, we recognize we would not have gotten here without the incredible support of our donors and friends—our allies like you. From a staff member providing quality care focused on a client's specific needs to a donor's lifelong passion for supporting the financial wellbeing of the agency, we would like to share some examples of what it meant to be an Ally in the past year.

Your generosity provides clients with the supports they need to manage their health and live a strong, fulfilling life.

Thank you for being an Ally.

We are looking forward to serving our community, as Allies, in the year to come.

Sean DeYoung, MSW, LCSW
CEO, Allies for Health & Wellbeing

With your help, Allies provided a broad range of treatment, support, and prevention services. Here is a snapshot of what took place:



83 received permanent supportive housing who would otherwise be homeless.



956 individuals sought care at the Allies clinic in fiscal year 2017-18.



2,469 HIV tests administered with 17 HIV-positive diagnoses that were referred to care.



388 clients with Pre-exposure Prophylaxis (PrEP) services



13,000 bags of groceries handed out through our food pantry

In January 2018, Allies added a Behavioral Health program to its ever-growing list of services. Soon after, **Matthew Reinhart joined the staff as Allies' behavioral health specialist**—ready to provide clients with the tools they need to manage their mental health alongside their HIV-positive diagnosis.

Because the program is in its infancy, Matt's main objective for the behavioral health program was to tailor the program to best fit the needs of the clients and create a space where clients feel welcome to talk about their lives — whether that be their HIV diagnosis or other mental health issues.

As Matt stated, "It's important to let the client decide their goals and what they want to talk about—to meet them where they are at." To accomplish this, Matt has taken the team approach, consulting with the client's case manager and/or the medical staff to ensure that each client's unique needs are addressed. Matt also provided crisis intervention for individuals who received an HIV-positive diagnosis, which can be terrifying and overwhelming. Additionally, Matt began developing support groups designed to help clients gain a sense of community. Whatever the client's situation might be, Matt has worked to ensure that the right supports were there to help them succeed.

At the end of the day, Matt has said **"I have often been moved by the clients' gratitude for the program and how they cherish the chance to share their stories and their lives in their own way."** Matt's biggest hope for his work and the future of the program is that clients will feel empowered in themselves. And he plans to help them do just that.



Mary, a life-long Pittsburgher, was introduced to the Pittsburgh AIDS Task Force in the mid-80s during a work event at the Art Institute of Pittsburgh. In the years that followed, Mary, a counselor at the Art Institute,

often referred students to PATF when they were in need of support or testing. Many times, they would come back to her happier and healthier, something she was always thankful for. **What she didn't realize at the time was that supporting PATF, now Allies, would become a lifelong passion for her and her family.**

In the subsequent years, **Mary would become a board member, volunteer, and advocate for Allies.** However, the mission of Allies became especially poignant to Mary after losing a dear friend and both of his two brothers to AIDS-related complications. Her reason for supporting Allies is simple: "I think of how different his life and his family's life would have been had he had the support and education from [Allies]."

After co-founding Riverside Design in 1996, Mary had a new avenue to support the community and, in 2004, she and her daughter, Cassandra, started Plates with Purpose. One of the plates designed by Cassandra includes three shining stars representing the three brothers who died as a result of AIDS and their Broadway talents. Allies has and continues to benefit from the sale of the plates.

Still today, Mary, Cassandra, and Mary's husband Grant use their voices to advocate for fellow community members who are in need of support. **They continue to be Allies.**

Robert, a long-term HIV survivor, moved from Chicago to Pittsburgh in 2002. At the time, he was interested in learning about organizations serving those living with HIV but wasn't in dire need of services himself—he held a steady job and had been effectively managing his health for years.

In March of 2017, Robert was diagnosed with end-stage renal failure and had to readjust to living with new health complications. This meant giving up his

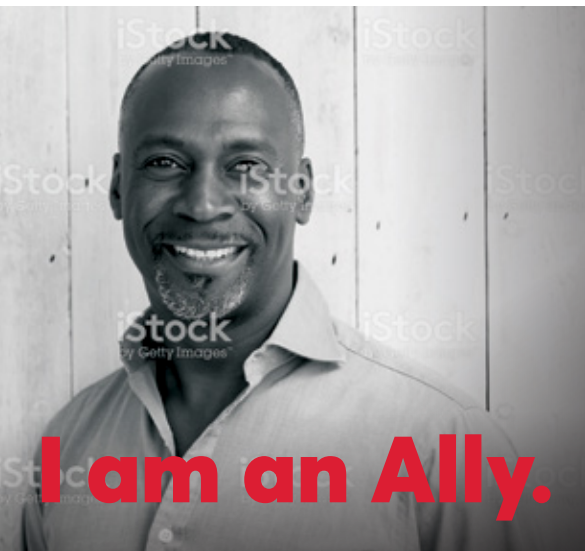
job to attend dialysis three times a week. **He soon found he needed more support from Allies – including the food pantry, some financial assistance with medical bills, and a case manager who could help him navigate resources.**

With a fixed income, Robert didn't have much financial flexibility, but Allies helped him manage his adjustment to his new way of living.

While Robert has used specific services here at Allies, he noted that **the most important**

things he has received were a sense of community, inclusion, and, above all, hope. "From the minute you buzz the doorbell everyone is so friendly. Keeping a place like this provides people like me with hope and lets us know there are people here for us—not just for the challenges but for the good times, too."

Having once felt isolated by his HIV-positive diagnosis, the support groups, staff, and volunteers whom he has met through Allies, **have provided Robert with a sense of comfort.** It's easy for him to remember a time when organizations like Allies didn't exist—and there was nowhere to lessen the burden of the stigma associated with HIV/AIDS. And with that, Robert is happy to know that generations after him living with HIV will have a strong community of support, thanks to Allies.



Allies for Health + Wellbeing gratefully recognizes the following corporations, foundations and community organizations for their generous financial support. This list includes those entities that gave a total of \$1,000 or more between July 1, 2017 and June 30, 2018. If you note any errors or omissions, please contact the development department at 412.345.0591.

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Allies for Health + Wellbeing is deeply grateful for the support of so many "allies" in our community, and we would like to recognize them for their generous support. The following list represents individuals who gave a total of \$100 or more between July 1, 2017 and June 30, 2018. If you note any errors or omissions, please contact the development department at 412.345.0591.

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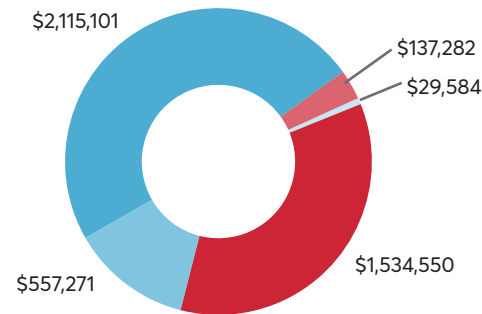
Statement of Financial Position

June 30, 2018 and 2017

	2018	2017
ASSETS		
Cash and cash equivalents	\$ 437,652	\$ 358,390
Accounts & grants receivable	\$ 1,119,780	\$ 681,743
Unconditional promises to give (pledges)	\$ 36,813	\$ 75,881
Investments	\$ 1,002,887	\$ 983,950
Prepaid expenses	\$ 48,764	\$ 24,488
Other assets	\$ 50,926	\$ 77,748
Property & equipment, net	\$ 948,059	\$ 1,077,934
TOTAL ASSETS	\$ 3,644,881	\$ 3,280,134
LIABILITIES		
Demand note payable	\$ 346,120	\$ 650,000
Accounts payable & accrued liabilities	\$ 880,353	\$ 580,585
Deferred rent	\$ -	\$ 1,847
TOTAL LIABILITIES	\$ 1,226,473	\$ 1,232,432
NET ASSETS		
Unrestricted	\$ 2,297,669	\$ 1,960,891
Temporarily restricted	\$ 120,739	\$ 86,811
TOTAL NET ASSETS	\$ 2,418,408	\$ 2,047,702
TOTAL LIABILITIES AND NET ASSETS	\$ 3,644,881	\$ 3,280,134

Support and Revenue

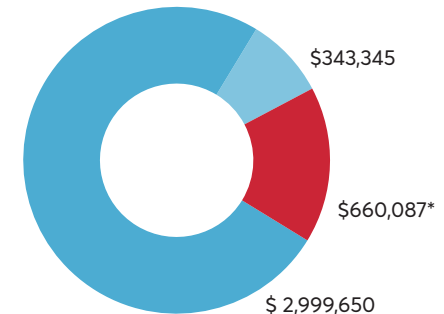
\$4,373,788



- Pharmacy Revenue
- Government Grants & Contracts
- Contributions, & In-Kind Donations
- Medical Billing
- Misc. Income

Expenses

\$4,003,082




- Programs
- Administration*
- Fundraising

*Includes one-time expenses related to the agency's expansion.

Vision:

We envision a healthier community whereby people access integrated medical care and supportive human services in a respectful setting, free of stigma and discrimination.



Mission:

To improve health and wellbeing, we provide integrated medical care, supportive human services, and community-based education for individuals living with, or at risk of, HIV, viral hepatitis, and sexually transmitted infections.



5913 Penn Avenue • Pittsburgh, PA 15206
412.345.7456 • alliespgh.org